



Program Agenda

DAY 1: FRIDAY, NOVEMBER 20

8:00–8:15 AM Registration and Housekeeping Announcements

8:15–8:25 AM **Opening Keynote:**

Speakers: Co-Chairs: *Drs. P. Nthumba and L. Bhandari*

Session 1: Hand and wrist injuries- Moderator Dr. Mwangi

8:30–8:45 AM: Metacarpal and Phalangeal fractures

Speaker: *Dr. Afulo*

8:45–9:00 AM: Carpal Bone Fractures/ Ligament injuries

Speaker: *Dr Philemon Oduor*

9:00–9:15 AM: SNAC and SLAC Wrist

Speaker: *Dr Philemon Oduor*

9:15–9:30 AM: Discussion

9.30- 9.45: Break

Session 2: Hand Infections: Moderator Dr Philemon Oduor

9:45- 10:00 AM: Hand Infections (Includes TDHS)

Speaker: *Dr. Afulo*

10:00–10:15 AM: Bite Injuries of the Hand

Speaker: *Dr.Nthumba*

10:15–10:30 AM: Evidence-Based Practice in Rehabilitation



Speaker: Luke McAuley

10:30–10:45 AM: Discussion

10:45–11:00 AM — Tea Break

Session 3: Hand Flaps: Moderator Dr. Nthumba

11:00–11:15 AM: Fingertip Flaps

Speaker: *Dr. Brian Christie*

11:15–11:30 AM: Pedicled Flaps for Hand Reconstruction

Speaker: *Dr. Bhandari*

11:30–11:45 AM: Abdominal-Based Flaps

Speaker: *Dr. Joseph Thomas*

11:45 AM–12:00 PM: Discussion

12:00–12:15 PM: Break

Session 4: Microsurgery: Moderator Dr. Brian Christie

12:15–12:30 PM: Free Flaps to the Hand

Speaker: *Prof Ferdinand Nangole*

12:30–12:45 PM: Replantation

Speaker: *Dr. Sabapathy*

12:45–1:00 PM: Discussion

1:00–2:00 PM — Lunch Break

Break-out sessions: Cadaver lab and Business Meeting



Cadaver Lab:

2:00–2:30 PM: Transportation to Cadaver Lab

2:30–5:30 PM: Hands-On Cadaveric Flap Dissection Course:

Moderator Dr. Joseph Thomas

Faculty-led hands-on training in flap anatomy, dissection, elevation, and reconstructive applications.

Business Meeting: (By Invitation Only)

1. Launch of the Kenya Society for Surgery of the Hand.

Panel: Dr. O. Afulo, Dr. D. Jowi, Dr. Sabapathy, Dr. Bhandari

2. Adoption of the Kenya Hand Surgery Fellowship Curriculum:

Panel: Dr. P. Mwangi, Dr. P. Nthumba, Dr. Brian Christie, Dr. Shady Elmaraghi



DAY 2: SATURDAY, NOVEMBER 21

Session 5: Brachial Plexus & Spastic Hand: Moderator Dr. Sabapathy

8:00–8:15 AM: Congenital Brachial Plexus Injury

Speaker: *Dr. Dorsi Jowi*

8:15–8:30 AM: Adult Brachial Plexus Injury

Speaker: *Dr. Paul Mwangi*

8:30–8:45 AM: Spastic Hand

Speaker: *Dr. Elmaraghi*

8:45–9:00 AM: Discussion

9.00 AM – 9.15 AM: Break

9:15–10:00 AM: INTERNATIONAL KEYNOTE SPEAKER

How to Build a Hand Surgery Practice in a Developing Country

Dr. S. Raja Sabapathy

10.00- 10.15 AM: Group Photo

Session 6: Pediatric Hand: Moderator Dr. Dorsi Jowi

10:15–10:30 AM:: Pediatric Hand Fractures

Speaker: *Dr. Shady Elmaraghi*

10:30–10:45 AM:: Syndactyly, Polydactyly & Camptodactyly

Speaker: *Dr. Peter Nthumba*



10:45–11:00 AM: Club Hand

Speaker: *Dr Philemon Oduor*

11:00–11:15 AM: Hand Tumors

Speaker: *Dr. Alex Momanyi*

11.15-11.30: Discussion

11:30–11:45 AM: Tea Break

Session 7: Miscellaneous: Moderator Dr. Afulo

11:45–12:00 AM Burns and post-burn contractures in Hand

Speaker: *Prof Peter Odour*

12:00–12:15 PM: Amputations in upper extremity

Speaker: *Dr. Oren Michaeli*

12:15–12:30 PM: Rheumatoid Hand

Speaker: *Prof Omondi Oyoo*

12:30–12:45 PM: WALANT: Wide-Awake Local Anesthesia No Tourniquet

Speaker: *Dr. Paul Mwangi*

12:45–1:00 PM: Discussion

1:00–2:00 PM — Lunch Break

Session 8: Tendon Reconstruction: Moderator Prof Ferdinand Nangole.

2:00–2:15 PM: Tendon Repair

Speaker: *Dr. Bhandari*



2:15–2:30 PM: Tendon Transfer

Speaker: *Dr. Afulo*

2:30–2:45 PM: Tenolysis

Speaker: *Dr. Sabapathy*

2.45–3.00 PM: Flexor Tendon Rehabilitation

Speaker: *Dr. Afulo*

3:00–5:00 PM: HANDS-ON TENDON REPAIR WORKSHOP

Faculty: Dr. Sabapathy/Dr. Bhandari/ Dr. Brian Christie/ Dr. Afulo/ Dr. Elmaraghi/ Dr. Thomas

7:00 PM: CONFERENCE BANQUET

7: 10: Official Launch of the Kenya Society for Surgery of the Hand

Dr. S. Raja Sabapathy and Dr. Omondi Afulo

- Introduction of founding members and Society leadership: Dr. D. Jowi
- Hand Surgery Fellowship program: Dr. P. Mwangi
- Future directions: Dr. Nthumba and L. Bhandari

7.30- 10.00 PM Dinner:



SUNDAY, NOVEMBER 22

9:00–10:00 AM: KENYAN KEYNOTE ADDRESS

Hand Surgery in Kenya: The Road Travelled and the Path Ahead

Dr. O. Afulo

10:00-10:15 AM — Tea Break

10:15 AM-12:20 PM

RESIDENT & TRAINEE RESEARCH PRESENTATIONS

Each presentation: 7 minutes + 3 minutes discussion

Session 1 | 10:15–10:55 AM: Moderator Dr.

10:15–10:25 AM — Presentation 1

10:25–10:35 AM — Presentation 2

10:35–10:45 AM — Presentation 3

10:45–10:55 AM — Presentation 4

Session 2 | 11:00–11:40 AM: Moderator Dr.

11:00–11:10 AM — Presentation 5

11:10–11:20 AM — Presentation 6

11:20–11:30 AM — Presentation 7

11:30–11:40 AM — Presentation 8



Session 3 | 11:40 AM–12:20 PM: Moderator Dr.

11:40–11:50 AM — Presentation 9

11:50–12:00 AM — Presentation 10

12:00–12:10 AM — Presentation 11

12:10 AM–12:20 PM — Presentation 12

12:30 PM: VOTE OF THANKS & CONFERENCE CONCLUSION

Dr. Dorsi