

KENYA HAND AND MICROSURGERY CONFERENCE 2026

ADVANCING HAND SURGERY
EXCELLENCE ACROSS AFRICA
AND BEYOND



NOVEMBER 20-22, 2026



DUSIT PRINCESS HOTEL
PQPR+F3M, 1216 MIMOSA LANE,
CHURCH RD, NAIROBI, KENYA



<https://kenyahand.com/>



kenyahandconference@gmail.com



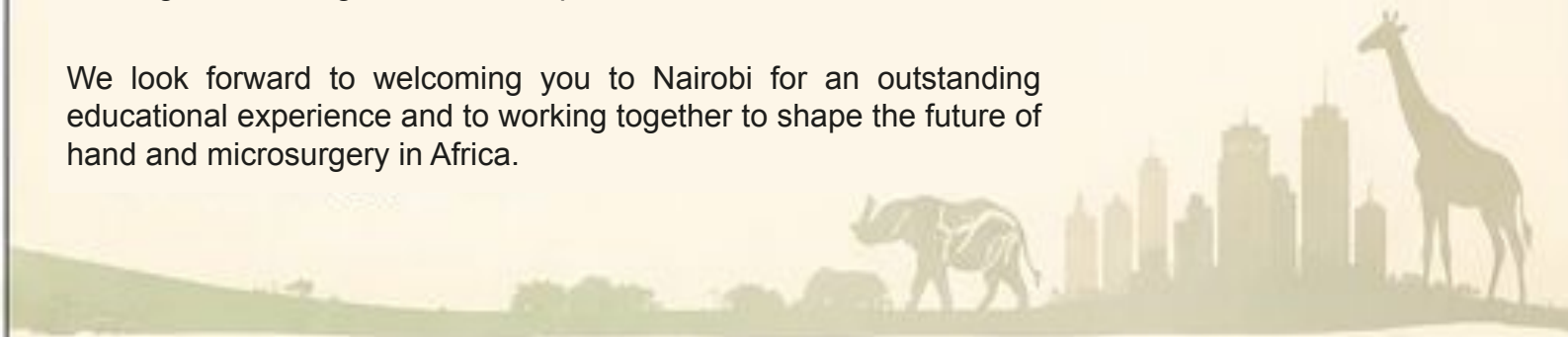
WELCOME MESSAGE

It is our great pleasure to invite you to Nairobi, Kenya, for this landmark meeting dedicated to advancing hand surgery, microsurgery, peripheral nerve surgery, and upper extremity reconstruction across Africa and beyond.

This conference will bring together leading international and regional experts, surgeons, trainees, therapists, and healthcare professionals for three days of inspiring scientific sessions, interactive discussions, and hands-on workshops. Our goal is to foster collaboration, share innovative techniques, promote surgical education, and strengthen the network of professionals committed to improving care for patients with hand and upper extremity conditions.

Whether you are an experienced surgeon, a trainee, or an allied healthcare professional, we hope you will find the meeting intellectually stimulating, professionally rewarding, and personally memorable. Beyond the scientific program, we invite you to experience the warmth, culture, and hospitality of Nairobi while building lasting friendships and collaborations.

We look forward to welcoming you to Nairobi for an outstanding educational experience and to working together to shape the future of hand and microsurgery in Africa.



Peter Nthumba,
Conference Co-Chair

Lax Bhandari,
Conference Co-Chair

Dorsi Jowi
Conference Secretary

ORGANIZING COMMITTEE



Dr. Peter Nthumba
Conference Chair



Dr. Lax Bhandari
Conference Chair



Dr. Dorsi Jowi
Conference Secretary



Dr. Shady Elmaraghi
Scientific Committee



Dr. Isabella Galdyn
Scientific Committee



Dr. Paul Mwangi
Scientific Committee



Dr. Brian Christie
Scientific Committee



PROGRAM AT A GLANCE



FRIDAY, NOVEMBER 20

8:00–8:30 AM	Inauguration and Welcome
8:30 –1:00 PM	Scientific sessions
1:00–2:00 PM	Lunch
2:30–5:30 PM	Parallel sessions • Cadaver Flap course • Business Meeting

SATURDAY, NOVEMBER 21

8:00–9:00 AM	Scientific session
9:15–10:00 AM	INTERNATIONAL KEYNOTE
10:00–10:15 AM	Group Photo
10:15–1:00 PM	Scientific session
1:00–2:00 PM	Lunch
2:00–3:00 PM	Scientific session
3:00–5:00 PM	Tendon repair workshop Microsurgery workshop
7:00 PM	BANQUET

SUNDAY, NOVEMBER 22

9:00–10:00 AM	KENYAN KEYNOTE
10:15–12:00 PM	Resident Papers
12:00–12:30 PM	Vote of Thanks & Conclusion

FULL PROGRAM

FRIDAY, NOVEMBER 20 • HAND SURGERY & MICROSURGERY

8:00–8:15 AM	Registration and Housekeeping Announcements	
8:15–8:25 AM	Opening Keynote	— Co-Chairs: Drs. P. Nthumba and L. Bhandari

SESSION 1 • HAND AND WRIST INJURIES — Moderator Dr. Mwangi

8:30–8:45 AM	Metacarpal and Phalangeal fractures	— Dr. Afulo
8:45–9:00 AM	Carpal Bone Fractures / Ligament injuries	— Dr Philemon Oduor
9:00–9:15 AM	SNAC and SLAC Wrist	— Dr Philemon Oduor
9:15–9:30 AM	Discussion	
9:30–9:45 AM	Break	

SESSION 2 • HAND INFECTIONS — Moderator Dr. Philemon Oduor

9:45–10:00 AM	Hand Infections (Includes TDHS)	— Dr. Afulo
10:00–10:15 AM	Bite Injuries of the Hand	— Dr. Nthumba
10:15–10:30 AM	Evidence-Based Practice in Rehabilitation	— Luke McAuley
10:30–10:45 AM	Discussion	
10:45–11:00 AM	Tea Break	

SESSION 3 • HAND FLAPS — Moderator Dr. Nthumba

11:00–11:15 AM	Fingertip Flaps	— Dr. Brian Christie
11:15–11:30 AM	Pedicled Flaps for Hand Reconstruction	— Dr. Bhandari
11:30–11:45 AM	Abdominal-Based Flaps	— Dr. Joseph Thomas
11:45 AM–12:00 PM	Discussion	
12:00–12:15 PM	Break	

SESSION 4 • MICROSURGERY — Moderator Dr. Brian Christie

12:15–12:30 PM	Free Flaps to the Hand	— Prof Ferdinand Nangole
12:30–12:45 PM	Replantation	— Dr. Sabapathy
12:45–1:00 PM	Discussion	
1:00–2:00 PM	Lunch Break	

DAY 1 • BREAK-OUT SESSIONS

CADAVER LAB

2:00–2:30 PM	Transportation to Cadaver Lab	
2:30–5:30 PM	Hands-On Cadaveric Flap Dissection Course	— Moderator: Dr. Joseph Thomas
Faculty-led hands-on training		
Faculty-led hands-on training in flap anatomy, dissection, elevation, and reconstructive applications.		

BUSINESS MEETING • BY INVITATION ONLY

1. Launch of the Kenya Society for Surgery of the Hand		
Panel: Dr. O. Afulo, Dr. D. Jowi, Dr. Sabapathy, Dr. Bhandari		
2. Adoption of the Kenya Hand Surgery Fellowship Curriculum:		
Panel: Dr. P. Mwangi, Dr. P. Nthumba, Dr. Brian Christie, Dr. Shady Elmaraghi		

DAY 2 • SATURDAY, NOVEMBER 21

SESSION 5 • BRACHIAL PLEXUS & SPASTIC HAND — Moderator Dr. Sabapathy

8:00–8:15 AM	Congenital Brachial Plexus Injury	— Dr. Dorsi Jowi
8:15–8:30 AM	Adult Brachial Plexus Injury	— Dr. Paul Mwangi
8:30–8:45 AM	Spastic Hand	— Dr. Elmaraghi
8:45–9:00 AM	Discussion	
9:00–9:15 AM	Break	

INTERNATIONAL KEYNOTE SPEAKER

9:15–10:00 AM	How to Build a Hand Surgery Practice in a Developing Country	— Dr. S. Raja Sabapathy
10:00–10:15 AM	Group Photo	

SESSION 6 • PEDIATRIC HAND — Moderator Dr.

10:15–10:30 AM	Pediatric Hand Fractures	— Dr. Shady Elmaraghi
10:30–10:45 AM	Syndactyly, Polydactyly & Camptodactyly	— Dr. Peter Nthumba
10:45–11:00 AM	Club Hand	— Dr Philemon Oduor
11:00–11:15 AM	Hand Tumors	— Dr. Alex Momanyi
11:15–11:30 AM	Discussion	
11:30–11:45 AM	Tea Break	

DAY 2 • SATURDAY, NOVEMBER 21 • AFTERNOON

SESSION 7 • MISCELLANEOUS — Moderator Dr. Afulo

11:45 AM–12:00 PM	Burns and post-burn contractures in Hand	— Prof Peter Odour
12:00–12:15 PM	Amputations in upper extremity	— Dr. Oren Michaeli
12:15–12:30 PM	Rheumatoid Hand	— Prof Omondi Oyoo
12:30–12:45 PM	WALANT: Wide-Awake Local Anesthesia No Tourniquet	— Dr. Paul Mwangi
12:45–1:00 PM	Discussion	
1:00–2:00 PM	Lunch Break	

SESSION 8 • TENDON RECONSTRUCTION — Moderator Prof Ferdinand Nangole

2:00–2:15 PM	Tendon Repair	— Dr. Bhandari
2:15–2:30 PM	Tendon Transfer	— Dr. Afulo
2:30–2:45 PM	Tenolysis	— Dr. Sabapathy
2:45–3:00 PM	Flexor Tendon Rehabilitation	— Dr. Afulo

HANDS-ON TENDON REPAIR WORKSHOP

3:00–5:00 PM	Hands-On Tendon Repair Workshop Faculty: Dr. Sabapathy / Dr. Bhandari / Dr. Brian Christie / Dr. Afulo / Dr. Elmaraghi / Dr. Thomas
--------------	---

CONFERENCE BANQUET

7:00 PM	CONFERENCE BANQUET	
7:10 PM	Official Launch of the Kenya Society for Surgery of the Hand	— Dr. S. Raja Sabapathy and Dr. Omondi Afulo

PROGRAM Introduction of founding members and Society leadership: Dr. D. Jowi Hand Surgery Fellowship program: Dr. P. Mwangi Future directions: Dr. Nthumba and L. Bhandari
--

7:30–10:00 PM	Dinner
---------------	--------

SUNDAY, NOVEMBER 22

9:00–10:00 AM	KENYAN KEYNOTE ADDRESS	— Dr. O. Afulo
	<i>Hand Surgery in Kenya: The Road Travelled and the Path Ahead</i>	
10:00–10:15 AM	Tea Break	
10:15 AM–12:20 PM	RESIDENT & TRAINEE RESEARCH PRESENTATIONS	— Each presentation: 7 minutes + 3 minutes discussion
12:30 PM	VOTE OF THANKS & CONFERENCE CONCLUSION	— Dr. Dorsi

REGISTER NOW!

ATTENDINGS / SURGEONS
\$100

**RESIDENTS / FELLOWS /
THERAPISTS**
\$50

Register Online at
<https://kenyahand.com/>

ABSTRACTS ARE INVITED

We invite original research, case series and innovation submissions in all areas related to hand and upper extremity surgery.

IMPORTANT DATES & GUIDELINES

- Abstract Submission Deadline: October 10, 2026
- Maximum 300 words, excluding title and author information
- Up to 3 figures/images
- Include title, authors and institutional affiliations
- Submit by email to kenyahandconference@gmail.com
- Results will be notified by October 31, 2026

ORIGINAL RESEARCH

Introduction / Problem Statement
Materials and Methods • Results
Brief Discussion / Conclusion

CASE REPORTS

Introduction
Brief Case Description
Significance of the Case

6

THIS MEETING IS SUPPORTED BY



IFSSH
International Federation
of Societies for Surgery
of the Hand

VANDERBILT V HEALTH

VANDERBILT PLASTIC SURGERY

CONTACT

kenyahandconference@gmail.com
Siamanta Consulting

WhatsApp only: +1 267 912 4066
Kenya-based calls/SMS: +254 750-832022

