

KENYA HAND AND MICROSURGERY CONFERENCE 2026

ADVANCING HAND SURGERY
EXCELLENCE ACROSS AFRICA
AND BEYOND



NOVEMBER 20-22, 2026



DUSIT PRINCESS HOTEL
PQPR+F3M, 1216 MIMOSA LANE,
CHURCH RD, NAIROBI, KENYA



<https://kenyahand.com/>



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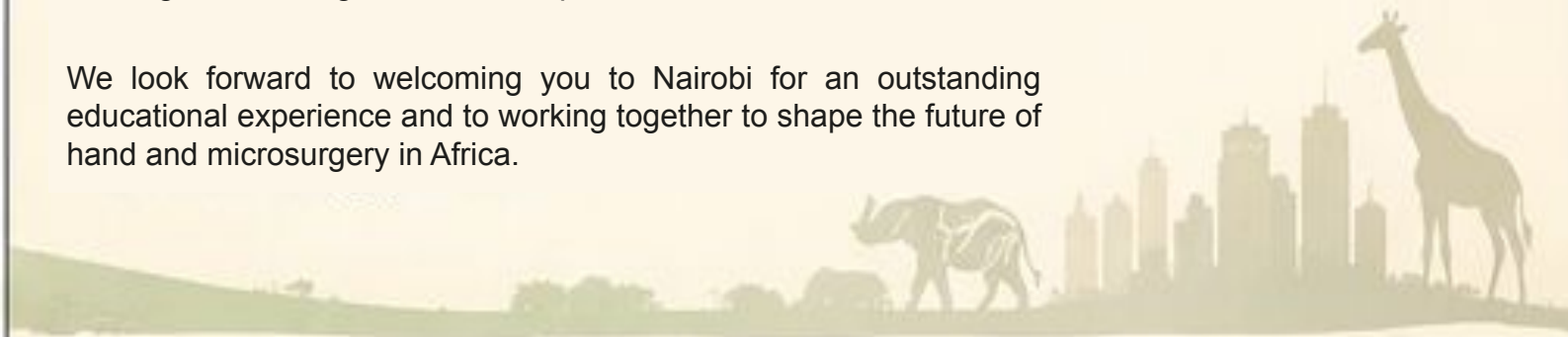
WELCOME MESSAGE

It is our great pleasure to invite you to Nairobi, Kenya, for this landmark meeting dedicated to advancing hand surgery, microsurgery, peripheral nerve surgery, and upper extremity reconstruction across Africa and beyond.

This conference will bring together leading international and regional experts, surgeons, trainees, therapists, and healthcare professionals for three days of inspiring scientific sessions, interactive discussions, and hands-on workshops. Our goal is to foster collaboration, share innovative techniques, promote surgical education, and strengthen the network of professionals committed to improving care for patients with hand and upper extremity conditions.

Whether you are an experienced surgeon, a trainee, or an allied healthcare professional, we hope you will find the meeting intellectually stimulating, professionally rewarding, and personally memorable. Beyond the scientific program, we invite you to experience the warmth, culture, and hospitality of Nairobi while building lasting friendships and collaborations.

We look forward to welcoming you to Nairobi for an outstanding educational experience and to working together to shape the future of hand and microsurgery in Africa.



Peter Nthumba,
Conference Co-Chair

Lax Bhandari,
Conference Co-Chair

Dorsi Jowi
Conference Secretary

ORGANIZING COMMITTEE



Dr. Peter Nthumba
Conference Chair



Dr. Lax Bhandari
Conference Chair



Dr. Dorsi Jowi
Conference Secretary



Dr. Shady Elmaraghi
Scientific Committee



Dr. Isabella Galdyn
Scientific Committee



Dr. Paul Mwangi
Scientific Committee



Dr. Brian Christie
Scientific Committee



PROGRAM AT A GLANCE



FRIDAY, NOVEMBER 20

8:00–8:30 AM	Inauguration and Welcome
8:30 –1:00 PM	Scientific sessions
1:00–2:00 PM	Lunch
2:30–5:30 PM	Parallel sessions • Cadaver Flap course • Business Meeting

SATURDAY, NOVEMBER 21

8:00–9:00 AM	Scientific session
9:15–10:00 AM	INTERNATIONAL KEYNOTE
10:00–10:15 AM	Group Photo
10:15–1:00 PM	Scientific session
1:00–2:00 PM	Lunch
2:00–3:00 PM	Scientific session
3:00–5:00 PM	Tendon repair workshop Microsurgery workshop
7:00 PM	BANQUET

SUNDAY, NOVEMBER 22

9:00–10:00 AM	KENYAN KEYNOTE
10:15–12:00 PM	Resident Papers
12:00–12:30 PM	Vote of Thanks & Conclusion

DAY 1- Friday, November 20.

FULL PROGRAM

8:00–8:15 AM	Registration	
8:15–8:25 AM	Opening Keynote:	Dr. Peter Nthumba and Dr. Lax Bhandari
Session 1	Hand and wrist injuries.	Moderator Dr. Mwangi
8:30–8:45 AM	Metacarpal and Phalangeal Fractures	Dr. Afulo
8:45–9:00 AM	Carpal Bone Fractures/ Ligament injuries	Dr Philemon Oduor
9:00–9:15 AM	SNAC and SLAC Wrist	Dr. Shamshudin
9.15-9.30 AM	Discussion	
9.30-9.45 AM	Break	
Session 2	Hand Infections	Moderator Dr Philemon Oduor
9:45-10:00 AM	Hand Infections (Includes TDHS)	Dr. Afulo
10:00-10:15 AM	Bite Injuries of the Hand	Dr.Nthumba
10:15-10:30 AM	Amputations in Upper Extremity	Dr. Oren Michaeli
10.30-10.45 AM	Discussion	
10.45-11.00 AM	Tea Break	
Session 3	Hand Flaps	Moderator Prof Ferdinand Nangole.
11:00–11:15 AM	Fingertip Flaps	Dr. Brian Christie
11:15–11:30 AM	Pedicled Flaps for Hand	Dr. Bhandari
11:30–11:45 AM	Abdominal-Based Flaps	Dr. Joseph Thomas
11.45-12.00 PM	Discussion	
12.00-12.15 PM	Break	

DAY 1- Friday, November 20.

FULL PROGRAM

Session 4	Microsurgery	Moderator Dr. Brian Christie
12:15–12:30 PM	Free Flaps to the Hand	Prof Ferdinand Nangole
12:30–12:45 PM	Replantation	Dr. Sabapathy
12.45-1.00 PM	Discussion	
1.00- 2.00 PM	Lunch Break	

2.00-5.30 PM- Break-out sessions: Cadaver lab and Business Meeting

Cadaver Lab:	Business Meeting: (By Invitation Only)
2:00–2:30 PM- Transportation to Cadaver Lab	Launch of the Kenya Society for Surgery of the Hand. Panel: Dr. O. Afulo, Dr. D. Jowi, Dr. Sabapathy, Dr. Bhandari
2:30–5:30 PM: Hands-On Cadaveric Flap Dissection Course. Faculty: Dr. Joseph Thomas, Dr. Warhold	Adoption of the Kenya Hand Surgery Fellowship Curriculum: Panel: Dr. P. Mwangi, Dr. P. Nthumba, Dr. Brian Christie, Dr. Shady Elmaraghi



FULL PROGRAM

DAY 2- Saturday, November 21.

Session 5:	Brachial Plexus & Spastic Hand	Moderator Dr. Sabapathy
8:00–8:15 AM:	Congenital Brachial Plexus Injury	Dr. Dorsi Jowi
8:15–8:30 AM:	Adult Brachial Plexus Injury	Dr. Paul Mwangi
8:30–8:45 AM:	Spastic Hand	Dr. Elmaraghi
8:45-9:00 AM	Discussion	
9:00-9:15 AM	Break	
9:15-10.00 AM	International Keynote Lecture	Dr. Sabapathy
10:00-10.15AM	Group Photo	
Session 6:	Pediatric Hand	Moderator Dr. Jowi
10:15–10:30 AM::	Pediatric Hand Fractures	Dr. Ashwath
10:30–10:45 AM::	Syndactyly, Polydactyly & Camptodactyly	Dr. Nthumba
10:45–11:00 AM:	Club Hand	Dr. Shamshudin
11:00–11:15 AM:	Hand Tumors	<i>Dr. Alex Momanyi</i>
11:15-11.30	Discussion	
11.30-11.45	Tea Break	
Session 7	Miscellaneous	Moderator Dr. Afulo
11:45–12.00 PM	Burns and Post-Burn Contractures in Hand	Prof. Peter Oduor
12:00–12:15 PM:	Evidence Based practice in Rehabilitation	Dr. Luke McAuley
12:15–12:30 PM:	Rheumatoid Hand	Prof Omondi Oyoo
12:30–12:45 PM:	<i>WALANT: Wide-Awake Local Anesthesia No Tourniquet</i>	Dr. Paul Mwangi
12. 45- 1 PM	Discussion	
1-2 PM	Lunch Break	

DAY 2- Saturday, November 21.

FULL PROGRAM

Session 8	Tendon	<i>Moderator Dr. Nthumba</i>
2:00–2:15 PM:	Tendon Repair	<i>Dr. Warhold</i>
2:15–2:30 PM:	Tendon Transfer	<i>Dr. Afulo</i>
2:30–2:45 PM:	Tenolysis	Dr. Sabapathy
2.45–3.00 PM:	Flexor Tendon Rehabilitation	<i>Alison R. Sanborn</i>
3:00- 3:15 PM	Discussion	
3.15 PM- 5.30 PM	Workshops	
	Tendon Repair workshop	Dr. Sabapathy
		Dr. Warhold
		Dr. Mwangi
		Dr. Afulo
		Dr. Thomas
	Nerve Repair workshop	Dr. Christie
		Dr. Elmaraghi
		Dr. Nthumba
		Dr. Jowi
		Dr. Odour
7.00 PM	Conference Banquet	
	Official Launch of KeSSH	Dr. Afulo
		Dr. Sabapathy
	Introduction to founding members and Leadership	Dr. Jowi
	Hand Fellowship Program	Dr. Mwangi
	Future Directions	Dr. Nthumba

FULL PROGRAM

DAY 3- Sunday, November 22.

9:00-10:00 AM	Kenyan Keynote Talk	Dr. Afulo
10:00-10:15 AM	Tea Break	
10:15-12.20 PM	Free Paper Competition	
10:15–10:55 AM	Session 1	Judges: Dr. Afulo and Dr. Dorsi Jowi
11:00–11:40 AM:	Session 2	Judges: Dr. Philemon Oduor and Dr. Brian Christie
11:40–12:20 PM	Session 3	Judges: Dr. Mwangi and Dr Nthumba
12:30 PM	VOTE OF THANKS & CONFERENCE CONCLUSION	Dr. Dorsi



REGISTER NOW!

ATTENDINGS / SURGEONS
\$100

**RESIDENTS / FELLOWS /
THERAPISTS**
\$50

Register Online at
<https://kenyahand.com/>

ABSTRACTS ARE INVITED

We invite original research, case series and innovation submissions in all areas related to hand and upper extremity surgery.

IMPORTANT DATES & GUIDELINES

- Abstract Submission Deadline: October 10, 2026
- Maximum 300 words, excluding title and author information
- Up to 3 figures/images
- Include title, authors and institutional affiliations
- Submit by email to kenyahandconference@gmail.com
- Results will be notified by October 31, 2026

ORIGINAL RESEARCH

Introduction / Problem Statement
Materials and Methods • Results
Brief Discussion / Conclusion

CASE REPORTS

Introduction
Brief Case Description
Significance of the Case

6

THIS MEETING IS SUPPORTED BY



IFSSH
International Federation
of Societies for Surgery
of the Hand



VANDERBILT V HEALTH
VANDERBILT PLASTIC SURGERY

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